Parabola – Tool

We barely remember who or what came before This precious moment, We are choosing to be here Right now Hold on, stay inside This holy reality, This holy experience Choosing to be here in This body This body holding me Be my reminder here that I am not alone in This body, this body holding me, Feeling eternal, All this pain is an illusion Alive This holy reality, This holy experience Choosing to be here in This body This body holding me Be my reminder here that I am not alone in This body, this body holding me, Feeling eternal, All this pain is an illusion Twirling round with this familiar parable Spinning, weaving round each new experience Recognize this as a holy gift and Celebrate this chance to be Alive and breathing This chance to be Alive and breathing This body holding me Reminds me of my own mortality Embrace this moment Remember We are eternal, all this pain is an illusion

